

Who we are and what we do

About the In Care Survivors Alliance

In Care Survivors Alliance supports people who experienced abuse and neglect as children while they were in the Scottish care system.

The Alliance delivers two services – Future Pathways and Redress Support Service.



Future Pathways

Future Pathways supports people in their goals and help people to work towards them. The service offers a range of support, including access to local services, support for mental health, linking people to services to help find records, and access to training and education. Support focuses on what is important for each person and is tailored to the individual.

www.future-pathways.co.uk



Redress Support Service

Redress Support Service offers personalised support to people throughout their redress journey. The service can support people who are applying to the Scottish Government's Redress Scheme, or who are thinking about applying. A team of Link Workers provides trauma-informed, emotional and practical support. The service also offers an Emotional Support Helpline that anyone can call.

www.redress-support.scot

Our Vision, Purpose and Values

Our Vision

The Alliance vision is for people to lead full, healthy and independent lives.

Our Purpose

The purpose of the Alliance is to enable people to access resources, care and support from our two services and from the wider sector. We do this through:

- direct support
- commissioning support from our network of Delivery Partners
- enabling people to access existing services

Our Values

We uphold the following principles:

- Safety
- Trustworthiness
- Choice
- Collaboration
- Empowerment
- Consideration of the specific needs of people who have experienced Scottish care settings

We do this by:

- Being ethical, honest and reliable.
- Being professional, committed and respectful.
- Showing equity and equality in our approach.
- Prioritising the needs of people who access our services.
- Supporting each other and enabling others to take part.
- Being active participants in the Alliance and sharing our expertise.
- Focusing on the people we support and seeking new ways to improve.

Our Partners

The Alliance is a partnership of four organisations working together to deliver the services. These organisations are:

- Glasgow Psychological Trauma Service
- Health in Mind
- Penumbra Mental Health
- Scottish Government

It is fully funded by the Scottish Government.

You can read about each of the Alliance Partners on the following pages.



Glasgow Psychological Trauma Service

Glasgow Psychological Trauma Service (also known as The Anchor) is an NHS mental health team. They are a highly specialised assessment and treatment team. The team works with people who are significantly impacted by Complex PTSD (Post Traumatic Stress Disorder) or complicated trauma presentations.

The Anchor is a psychology-led service. It is part of NHS Greater Glasgow and Clyde and Glasgow City Health and Social Care Partnership (HSCP).

Staff from NHS Greater Glasgow and Clyde are part of the Alliance Leadership Team and the Delivery Teams. Their role in the Alliance includes:

- Governance
- Promote and embed trauma-informed practice
- Clinical supervision
- Teaching and training for staff

They also provide robust psychological assessments to people registered with Future Pathways. This ensures that the service can recommend quality and evidence-based psychological treatments and interventions regardless of where people live.

www.nhsggc.scot



Health in Mind

Health in Mind is one of Scotland's best-known and trusted mental health charities.

Founded in 1982, the charity promotes positive mental health and wellbeing in local communities across Scotland.

Through support, collaborations, campaigns and resources, Health in Mind builds hope, resilience and understanding of mental health and wellbeing.

People describe Health in Mind's approach as special and unique – the 'Health in Mind way'.

Within the In Care Survivors Alliance, Health in Mind uses skills, knowledge and experience to provide:

- Support Coordination
- Communication and Engagement
- Delivery Partner contracting

www.health-in-mind.org.uk



Penumbra Mental Health

Penumbra Mental Health is a pioneering charity providing dedicated services for people with mild to serious and enduring mental ill health.

Staff support people on their journey to better mental health, by working with each person to find their own way forward.

The power of people's lived experience enables Penumbra Mental Health to provide pioneering services which transform lives.

Their vision is that people live with positive mental wellbeing and can easily access the best possible support when they need it.

Penumbra Mental Health has been a Partner of the In Care Survivors Alliance since the Alliance started.

Their role in Future Pathways is to support the service with impact evaluation and continuous improvement.

Their role in the Redress Support Service is to:

- Provide tailored trauma-informed support from our Link Workers
- Monitor our impact and evaluate the service

The work of the Alliance has made a positive difference to many people who experienced in-care abuse. Penumbra Mental Health is committed to continuing to support this work moving forward.

www.penumbra.org.uk

Scottish Government

The In Care Survivors Alliance is fully funded by Scottish Government. It is part of a wider strategy developed by Scottish Government to address the legacy of abuse in Scotland.

In 2015, the Scottish Government committed to establishing a dedicated In Care Survivors Support Fund. This would enable people to access services across a wide range of health and wellbeing domains. It would also support people to lead more full, healthy and independent lives.

Scottish Government also developed the Survivors Scotland Strategic Outcomes Framework. This led to the creation of Future Pathways in 2016.

In January 2022, the In Care Survivors Alliance accepted oversight of the Redress Support Service. This service was set up to support people applying to Scotland's Redress Scheme.

The Redress Scheme was set up by the Scottish Government to recognise and acknowledge the harm caused to people who have experienced in care abuse and neglect.

www.gov.scot

Contact

If you have any questions or comments about the work of the In Care Survivors Alliance, please contact

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